



# CHANNEL ISLANDS

## ADVENTURE COMPANY

### SEA KAYAK TOURS ON SANTA CRUZ ISLAND AT PRISONERS HARBOR

THIS IS NOT A BOOKING CONFIRMATION.

The information below is only for reference. Please make sure to reference your booking confirmation sent via email for exact times and locations. If you have any questions please contact the Channel Islands Adventure Company - we will be happy to help you.

#### **Paddling Time and Distance**

2.5-3 miles, 2.5-3 hours of island kayaking

#### **Tour Level of Difficulty**

Beginner through advanced experience levels welcome. Children under 12 must ride in double kayak with a parent.

#### **Prisoner's Harbor Kayak Tour Itinerary**

Your morning will begin at the Island Packers ferry dock for check-in at either 7am or 8am, depending on which ferry departure time you select (8am departure or 9am departure). You'll want to look for Channel Islands Adventure Company guides just outside of the Island Packers building. Your guide will have your tickets. Detailed driving directions will be sent upon booking in your confirmation email. The ferry ride is generally 1.5– 2hour(s) depending on wildlife sightings. You'll then meet your guide(s) on the island at **10:45am**. We provide a basic paddling instruction/safety talk and distribute all necessary gear before hitting the water around 11:30am. Afterward we begin the guided paddle along the coast in one direction, exploring as you go. At some point you turn around and come back to the landing area. You'll return to the beach around 2:00-2:30pm, and have until about 3:30–4:00pm (your ferry captain or guide will tell you your pick-up time) before leaving the island. Camping is available on the island at Del Norte. If you are interested, [visit the park service website](#) for more information.

Before or after your tour we recommend enjoying a picnic on the beach, exploring one of the island's [many great trails](#) or relaxing on the beach.

#### **Prisoner's Harbor Kayak Tour Includes:**

- 2 person or single person ocean kayak (singles for odd-number parties and solo travelers)
- Kayaking gear (paddle jackets, helmets and wet suits as necessary)
- Knowledgeable guide(s) on natural history and marine ecology
- Basic kayaking instruction

You must purchase a ferry ticket to get to the island. Ferry service is aboard modern catamarans operated by [Island Packers](#), the sole transportation concessioner to Channel Islands National Park. You can do this through our checkout when you book online or book directly with Island Packers, who can be reached at (805) 642-1393 or online at [www.islandpackers.com](http://www.islandpackers.com).

For the Prisoner's Harbor Kayak, you have the option of booking the 8am ferry (7am check in) or 9am ferry (8am check-in). If you have already booked a later ferry, call us for options, (805) 884-WAVE or toll free (877) 885-WAVE.

#### **Cost**

\$149 per adult + ferry transportation\*

\$139 per child 12 and under + ferry transportation\*

#### **\*Ferry Price**

\$59 per adult, \$46 per child 12 and under

Phone: 805-884-WAVE Toll free: (877) 885-WAVE  
[www.islandkayaking.com](http://www.islandkayaking.com) or [letsgo@islandkayaking.com](mailto:letsgo@islandkayaking.com)

## **CHECK IN TIME**

**Times vary by day & tour.** Please see your confirmation email for the correct check in time. Your check-in time is calculated to allow ample time to park and unload gear at the dock. Island Packers, the charter boat service, will depart on time so your check-in time is important—much like an airplane flight. If meeting your guide at the dock you'll locate your guide in front of the Island Packers building (they will be wearing CIACo gear). They'll have you fill out your paperwork and you'll receive your boarding passes. You'll be disembarking the boat at Prisoner's Harbor.

## **HOW TO AVOID SEASICKNESS**

- 1) **Rest.** A body that is well rested is better able to handle the stressors associated with traveling.
- 2) **Stability.** Avoid sitting inside in the galley; choose a seat on the lower deck, outside, at the stern of the boat.
- 3) **Sit.** Do not stand. Standing will have your body in a constant state of trying to maintain balance.
- 4) **Focus.** Keep eyes focused on the horizon or on a stationary object that is off in the distance.
- 5) **Don't read.** Reading can trigger a sudden onset of motion sickness.
- 6) **Don't travel on a full or empty stomach.** If you start to feel ill, eat some crackers and a carbonated beverage to settle your stomach.
- 7) **Hydrate.** Dehydration while traveling can aggravate motion sickness. Drink plenty of water.
- 8) **Dramamine or Bonine.** Take an over-the-counter medication for motion sickness or an over-the-counter antihistamine, especially if you are a person that knows they are susceptible to motion sickness. These medications can make you drowsy or cause other side effects so use with caution.

## **MEETING POINT**

Island Packers: 1691 Spinnaker Dr #105B, Ventura, CA 93001. Phone: 805-642-1393

Ventura, CA is about 30 miles south of Santa Barbara, CA. Look for Channel Islands Adventure Company guides just outside of the Island Packers building. Your guide will have your tickets. For more info: <http://www.islandpackers.com/DriveVenturaHarbor.html> \*On occasion our guides camp the night before on Santa Cruz Island. When this happens we will notify you in advance to tell you that your guide will meet you at Prisoner's Harbor on Santa Cruz Island, instead of at the Ventura Harbor. You will need to pick up your tickets inside the Island Packers building in this case, board the boat, and get off at Prisoner's harbor. Detailed driving directions will be sent upon booking in your confirmation email.

## **RETURN TIMES**

Arrival time back to Ventura Harbor varies by day and range between 5:00pm and 6:00pm. Your guide will inform you of your return time upon check in. If you would like to know your exact return time in advance, please call or email us.

## **PARKING**

There are no fees for parking. All overnight visitors will need to acquire a parking pass at check in and park in the long term parking. Additionally, there are parallel parking spaces on Spinnaker Drive for day trip passengers ONLY.

## **FOOD**

- **Food is NOT INCLUDED in your trip** and there are no food vendors on the island. ○ There is a snack bar on the boat but we recommend bringing lunch, snacks, and water. ○ Bring a small snack in a waterproof container to eat during the kayak tour (e.g. granola bar, fruit or trail mix).

## **WHERE TO BUY FOOD**

Here are some options for buying food in or close to Ventura Harbor:

- 1) **Boatyard Cafe** opens at 7am and is next to the ferry building at 1583 Spinnaker Dr. #109, Ventura, CA 93001. They offer grab and go sandwiches and salads. We recommend calling to confirm availability. (805) 850-0202
- 2) **Vons** opens at 6am and is a 10 minute drive from Island Packers at 2433 E Harbor Blvd, Ventura, CA 93001, (805) 642-6761.
- 3) **Island Packers Ferry** has some snacks and drinks on board to supplement any food that you bring. (805) 758-3375

## **GEAR TO PACK**

- **Swim suit or swim trunks** - To save time, we recommend wearing your bathing suit under your clothes in the morning; however, there is a changing area on the Island just a few minutes' walk from where we keep our kayaks and gear.
- **Water Shoes** – You'll need shoes for launching and landing as the beach is rocky. Please no flip flops. Old tennis shoes work just fine, as long as you have another pair to wear later if you plan to hike. We have some extra water clogs if you need to borrow.
- **Sun Protection** – A hat, sunglasses with a neck strap and sunscreen (SPF 30 or higher) is all recommended.

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- **Water bottle.** 1-gallon full per person – there is no potable water available at this part of the island
- **Clothing** - Synthetic sweatshirt or layers as well as a wind breaker for the boat ride. Please dress in layers, wearing synthetic clothing (avoid cotton if possible).
- **Towel**
- **Day Pack**
- **Hiking shoes or sturdy tennis shoes**
- **A watch**
- **Cash** - If you want to tip your guide. It is customary, but always optional, to tip your guide (10-15% is standard).
- **Seasickness medication** (optional)
- **Waterproof camera** (optional)

**IMPORTANT:**

- Although we offer dry bags to help keep gear dry while kayaking, everything on the kayak runs the risk of getting wet.
- Islands Packers does not allow any bags greater than 45 lbs.
- Single use plastic bags are banned within the Channel Islands National Park, please bring reusable bags.

**STORAGE**

While we are kayaking you can lock your extra belongings in our secure storage box on the Island.

**ADDITIONAL NOTES**

The Channel Islands National Park is a remote location and there are no medical services on the islands. Please bring any medications you may need and plan accordingly. All of our guides are CPR & First Aid Certified. If you do not specify the types of kayaks you prefer, Channel Island Adventure Company will provide you with a double kayak. Single kayaks are provided at an additional charge. Guests under 12 years old must ride in a double kayak with an adult. This tour has a 2 person minimum; the tour may be canceled if less than 2 people book on any date. Dangerous conditions may exist at any time of the year, and we cannot guarantee cave exploration.

**WEATHER CANCELLATION POLICY FOR ISLAND PACKERS**

In case of unfavorable weather or sea conditions, the charter boat company will cancel at 5:30am on the day of your trip. On the morning of your departure, after 5:30am, please call 805-642-1393, select option 4 and listen for the status of your trip.

**IF YOU HAVE ANY QUESTIONS PLEASE DON'T HESITATE TO CALL US!**

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These are general guidelines for Prisoner's Harbor kayak trips. Please check your confirmation email for specific times, locations and details. REV: 11/1/19